

MELA

HOT LUNCH

NOVEMBER 23-24

PRICES: STUDENT - No Charge, ADULT - \$XX.XX

SERVED DAILY

"Regular Entrée and/or Meatless/Vegetarian Alternate Entree"

Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach, Hummus
Low Fat Dressing/Dip

le, Orange, Pear, Banana, Raisins, Craisins, Applesauce Cup, OR Assorted Fruit Juice

Variety of Milk, including Skim

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------|-----------------------------|---|-----------------------------|-----------------------------|
| | | Nov 1 | Nov 2 | Nov 3 |
| | | Bag - Roast Beef & Cheese Bun | Orange Chicken | Cheesy Breadsticks |
| | | Potato Salad | Steamed Rice | Marinara Sauce |
| | | Veggies, Fruit, Milk | Salad, Veggies, Fruit, Milk | Salad, Veggies, Fruit, Milk |
| Nov 6 | Nov 7 | Nov 8 | Nov 9 | Nov 10 |
| Italian Meatball Hoagie | | Bag - Southwest Chicken Wrap | Chicken Strips | Chicken Mostaccioli |
| Potato Wedges | No School | Bean & Corn Salad | Waffles & Syrup | Garlic Toast |
| Salad, Fruit, Milk | | Veggies, Fruit, Milk | Salad, Veggies, Fruit, Milk | Salad, Veggies, Fruit, Milk |
| Nov 13 | Nov 14 | Nov 15 | Nov 16 | Nov 17 |
| Salisbury Steak | Cheesy Breadsticks | Bag - Roast Beef & Cheese on Bun | Chicken Shawarma | Chicken Alfredo |
| Roasted Potatoes & Dinner Roll | Marinara Sauce | Bean & Corn Salad | Steamed Rice (flavored) | Garlic Breadstick |
| Salad, Fruit, Milk | Salad, Veggies, Fruit, Milk | Salad, Fruit, Milk | Salad, Veggies, Fruit, Milk | Salad, Veggies, Fruit, Milk |
| Nov 20 | Nov 21 | Nov 22 | Nov 23 | Nov 24 |
| Corn Dog | Mac & Cheese | | | |
| Steamed Corn | Soft Breadstick | No School | No School | No School |
| Salad, Fruit, Milk | Salad, Veggies, Fruit, Milk | | | |
| Nov 27 | Nov 28 | Nov 29 | Nov 30 | |
| Sloppy Joe | Cheese Lasagna | Bag - Roast Beef & Cheese Bun | Tandoori Chicken Leg | |
| Baked Beans | Dinner Roll | Potato Salad | Yellow Rice | |
| Salad, Fruit, Milk | Salad, Veggies, Fruit, Milk | Salad, Fruit, Milk | Salad, Veggies, Fruit, Milk | |

**MENUS SUBJECT TO INFREQUENT CHANGE
BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain
nuts/seeds, milk, egg, soybean,
and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.

Done Right Food
School & Event Catering Services



Our Commitment

“Healthy Food, Healthy Message”
We provide wholesome, delicious, real food
that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office @ xxx-xxx-xxxx or
DONE RIGHT FOOD @
www.donerightfood.com

MELA

BREAKFAST

NOVEMBER 23-24

PRICES: STUDENT - No Charge, ADULT - \$XX.XX

SERVED DAILY

Fresh Fruit - Apple, Banana, Pear, Orange, Craisins, Raisins, Applesauce, Fruit Cup
 Fruit Juice - Apple, Grape, Berry, Strawberry Kiwi, Orange
 Variety of Milk, including Skim

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------|-------------------------------------|-------------------------|-------------------------|-------------------------|
| | | Nov 1 | Nov 2 | Nov 3 |
| | | Cereal Bar | Mini Cinnamon Roll | Assorted Muffins |
| | | Fruit Yogurt | | String Cheese |
| | | Fruit/Fruit Juice, Milk | Fruit/Fruit Juice, Milk | Fruit/Fruit Juice, Milk |
| Nov 6 | Nov 7 | Nov 8 | Nov 9 | Nov 10 |
| Oatmeal Round | No School | Breakfast Cereal | Mini Waffle | Breakfast Loaf |
| | | String Cheese | | Boiled Egg |
| Fruit/Fruit Juice, Milk | | Fruit/Fruit Juice, Milk | Fruit/Fruit Juice, Milk | Fruit/Fruit Juice, Milk |
| Nov 13 | Nov 14 | Nov 15 | Nov 16 | Nov 17 |
| Breakfast Cereal | Cinnamon Toast Soft Bar | Cereal Bar | Mini Cinnamon Roll | Assorted Muffins |
| | | Fruit Yogurt | | String Cheese |
| Fruit/Fruit Juice, Milk | Fruit/Fruit Juice, Milk | Fruit/Fruit Juice, Milk | Fruit/Fruit Juice, Milk | Fruit/Fruit Juice, Milk |
| Nov 20 | Nov 21 | Nov 22 | Nov 23 | Nov 24 |
| Oatmeal Round | Mini Bagel w/ Cinnamon Cream Cheese | | | |
| | | No School | No School | No School |
| Fruit/Fruit Juice, Milk | Fruit/Fruit Juice, Milk | | | |
| Nov 27 | Nov 28 | Nov 29 | Nov 30 | |
| Breakfast Cereal | Cinnamon Toast Soft Bar | Cereal Bar | Mini Cinnamon Roll | |
| | | Fruit Yogurt | | |
| Fruit/Fruit Juice, Milk | Fruit/Fruit Juice, Milk | Fruit/Fruit Juice, Milk | Fruit/Fruit Juice, Milk | |

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MELA

SNACK

NOVEMBER 23-24

PRICES: STUDENT - No Charge

SERVED DAILY

Fruit Juice - Orange, Grape, Apple

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|------------------|------------------|-------------------|-----------------------|
| | | Nov 1 | Nov 2 | Nov 3 |
| | | Vanilla Wafer | Chex Mix | Graham Cracker |
| | | Fruit Juice | Fruit Juice | Fruit Juice |
| Nov 6 | Nov 7 | Nov 8 | Nov 9 | Nov 10 |
| Oatmeal Bar | No School | Pretzels | Goldfish Crackers | Assorted Crispy Bites |
| Fruit Juice | | Fruit Juice | Fruit Juice | Fruit Juice |
| Nov 13 | Nov 14 | Nov 15 | Nov 16 | Nov 17 |
| Baked Chips | Animal Crackers | Vanilla Wafer | Chex Mix | Graham Cracker |
| Fruit Juice | Fruit Juice | Fruit Juice | Fruit Juice | Fruit Juice |
| Nov 20 | Nov 21 | Nov 22 | Nov 23 | Nov 24 |
| Oatmeal Bar | Cheez-It | No School | No School | No School |
| Fruit Juice | Fruit Juice | | | |
| Nov 27 | Nov 28 | Nov 29 | Nov 30 | |
| Baked Chips | Animal Crackers | Vanilla Wafer | Chex Mix | |
| Fruit Juice | Fruit Juice | Fruit Juice | Fruit Juice | |

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