

MINNESOTA EXCELLENCE IN LEARNING ACADEMY

BREAKFAST

October 24-25

PRICES: STUDENT - No Charge, ADULT - \$XX.XX

SERVED DAILY

Fresh Fruit - Apple, Banana, Pear, Orange, Craisins, Raisins, Applesauce, Fruit Cup
 Fruit Juice - Apple, Grape, Berry, Strawberry Kiwi, Orange
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
Sept 30	Oct 1	Oct 2	Oct 3	Oct 4
Oatmeal Round	Mini Bagel w/ Cream Cheese	Breakfast Cereal	Mini Waffle	Breakfast Loaf
		String Cheese		Yogurt
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
Oct 7	Oct 8	Oct 9	Oct 10	Oct 11
Breakfast Cereal	Cinnamon Toast Soft Bar	Cereal Bar	Mini Cinnamon Roll	Assorted Muffins
		Fruit Yogurt		String Cheese
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
Oct 14	Oct 15	Oct 16	Oct 17	Oct 18
Oatmeal Round	Breakfast Cereal	Mini Bagel w/ Cream Cheese		
	String Cheese		No School	No School
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk		
Oct 21	Oct 22	Oct 23	Oct 24	Oct 25
Breakfast Cereal	Cinnamon Toast Soft Bar	Cereal Bar	Mini Cinnamon Roll	Assorted Muffins
		Fruit Yogurt		String Cheese
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
Oct 28	Oct 29	Oct 30	Oct 31	Nov 1
Oatmeal Round	Mini Bagel w/ Cream Cheese	Breakfast Cereal	Mini Waffle	Breakfast Loaf
		String Cheese		Yogurt
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk

**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.

Our Commitment

"Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office or
DONE RIGHT FOOD @
www.donerightfood.com

MINNESOTA EXCELLENCE IN LEARNING ACADEMY

HOT LUNCH

October 24-25

PRICES: STUDENT - No Charge, ADULT - \$XX.XX

SERVED DAILY

"Regular Entrée and/or Meatless/Vegetarian Alternate Entree"
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach, Hummus
 Low Fat Dressing/Dip
 Orange, Pear, Banana, Raisins, Craisins, Applesauce Cup, OR Assorted Fruit Juice
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
Sep 30	Oct 1	Oct 2	Oct 3	Oct 4
	WG Mac & Cheese	Turkey & Roast Beef Sandwich	Cheeseburger	Marinated Chicken Leg
	Soft Breadstick	Bean & Corn Salad	Bean & Corn Salad	Yellow Rice
	Salad, Veggies, Fruit, Milk	Veggies, Fruit, Milk	Salad, Fruit, Milk	Salad, Fruit, Milk
Oct 7	Oct 8	Oct 9	Oct 10	Oct 11
BBQ Chicken on Bun	Orange Chicken	Roast Beef & Cheese Sandwich	Chicken Lasagna	Walking Taco
Pinto Beans	WG Steamed Rice	Corn Salad	Soft Breadstick	Salsa
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Oct 14	Oct 15	Oct 16	Oct 17	Oct 18
Chicken Curry	<i>Chicken Strips</i>	Turkey & Cheese Sandwich		
WG Steamed Rice	<i>Mashed Potatos & Roll</i>	Deli Coleslaw	No School	No School
Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Veggies, Fruit, Milk		
Oct 21	Oct 22	Oct 23	Oct 24	Oct 25
Chicken Alfredo	Swedish Meatballs	Roast Beef & Cheese Bun	Teriyaki Chicken	Cheesy Breadsticks
Soft Breadstick	Mashed Potatoes & GF Roll	White Bean Salad	WG Steamed Rice	Marinara Sauce
Salad, Veggies, Fruit, Milk	Salad, Fruit, Milk	Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Oct 28	Oct 29	Oct 30	Oct 31	Nov 1
<i>Chicken Patty Sandwich</i>	Chicken Curry	Chicken Fajita Wrap	Mac & Cheese	
Potato Wedges	WG Steamed Rice	Chipotle Beans	Soft Breadstick	
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	

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SNACK		October 24-25	PRICES: STUDENT - No Charge	
SERVED DAILY				
Fruit Juice - Orange, Grape, Apple				
Monday	Tuesday	Wednesday	Thursday	Friday
Sept 30	Oct 1	Oct 2	Oct 3	Oct 4
Oatmeal Bar	FFVP	Pretzels	FFVP	Assorted Crispy Bites
Fruit Juice		Fruit Juice		Fruit Juice
Oct 7	Oct 8	Oct 9	Oct 10	Oct 11
Baked Chips	FFVP	Vanilla Wafer	FFVP	Graham Cracker
Fruit Juice		Fruit Juice		Fruit Juice
Oct 14	Oct 15	Oct 16	Oct 17	Oct 18
Oatmeal Bar	FFVP	Pretzels	No School	No School
Fruit Juice		Fruit Juice		
Oct 21	Oct 22	Oct 23	Oct 24	Oct 25
Baked Chips	FFVP	Vanilla Wafer	FFVP	Graham Cracker
Fruit Juice		Fruit Juice		Fruit Juice
Oct 28	Oct 29	Oct 30	Oct 31	Nov 1
Oatmeal Bar	FFVP	Pretzels	FFVP	
Fruit Juice		Fruit Juice		
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