

# MELA

**HOT LUNCH**

**MARCH 23-24**

**PRICES: STUDENT - No Charge, ADULT - \$XX.XX**

**SERVED DAILY**

"Regular Entrée and/or Meatless/Vegetarian Alternate Entrée"

Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach, Hummus

Low Fat Dressing/Dip

le, Orange, Pear, Banana, Raisins, Craisins, Applesauce Cup, OR Assorted Fruit Juice

Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>Mar 1</b>
				Pasta w/ Meatsauce
				Garlic Breadstick
				Salad, Veggies, Fruit, Milk
<b>Mar 4</b>	<b>Mar 5</b>	<b>Mar 6</b>	<b>Mar 7</b>	<b>Mar 8</b>
Turkey Hot Dog	Pasta w/ Meatballs	Turkey & Beef Sandwich	Orange Chicken	Cheesy Breadsticks
Chickpea Salad	Soft Breadstick	Corn Salad	Steamed Rice	Marinara Sauce
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
<b>Mar 11</b>	<b>Mar 12</b>	<b>Mar 13</b>	<b>Mar 14</b>	<b>Mar 15</b>
BBQ Chicken on Bun	Mac & Cheese	Roast Beef & Cheese Bun	Chicken Patty Sandwich	Beef Lasagna
Baked Beans	Soft Breadstick	Potato Salad		Garlic Breadstick
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
<b>Mar 18</b>	<b>Mar 19</b>	<b>Mar 20</b>	<b>Mar 21</b>	<b>Mar 22</b>
Italian Meatball Hoagie	Chicken Mostaccioli	Southwest Chicken Wrap	Chicken Strips	Chicken Lasagna
Potato Wedges	Soft Breadstick	Bean & Corn Salad	Waffles & Syrup	Dinner Roll
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
<b>Mar 25</b>	<b>Mar 26</b>	<b>Mar 27</b>	<b>Mar 28</b>	<b>Mar 29</b>
Salisbury Steak	Cheesy Breadsticks	Roast Beef & Cheese on Bun		
Steamed Corn & Dinner Roll	Marinara Sauce	Bean & Corn Salad	<b>No School</b>	<b>No School</b>
Salad, Fruit, Milk	Salad, Veggies, Fruit, Milk	Veggies, Fruit, Milk		

**MENUS SUBJECT TO INFREQUENT CHANGE  
BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

*This institution is an equal opportunity provider.*

**Done Right Food**  
School & Event Catering Services



**Our Commitment**

"Healthy Food, Healthy Message"  
We provide wholesome, delicious, real food that helps teach the right message to children.

**ANY QUESTIONS? CONTACT:**

School Office @ xxx-xxx-xxxx or

DONE RIGHT FOOD @

[www.donerightfood.com](http://www.donerightfood.com)

# MELA

**BREAKFAST**

**MARCH 23-24**

**PRICES: STUDENT - No Charge, ADULT - \$XX.XX**

**SERVED DAILY**

Fresh Fruit - Apple, Banana, Pear, Orange, Craisins, Raisins, Applesauce, Fruit Cup  
 Fruit Juice - Apple, Grape, Berry, Strawberry Kiwi, Orange  
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>Mar 1</b>
				Assorted Muffins
				String Cheese
				Fruit/Fruit Juice, Milk
<b>Mar 4</b>	<b>Mar 5</b>	<b>Mar 6</b>	<b>Mar 7</b>	<b>Mar 8</b>
Oatmeal Round	Mini Bagel w/ Strawberry Cream Cheese	Breakfast Cereal	Mini Waffle	Mini Loaf
		String Cheese		Fruit Yogurt
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
<b>Mar 11</b>	<b>Mar 12</b>	<b>Mar 13</b>	<b>Mar 14</b>	<b>Mar 15</b>
Breakfast Cereal	Cinnamon Toast Soft Bar	Cereal Bar	Mini Cinnamon Roll	Assorted Muffins
		Fruit Yogurt		String Cheese
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
<b>Mar 18</b>	<b>Mar 19</b>	<b>Mar 20</b>	<b>Mar 21</b>	<b>Mar 22</b>
Oatmeal Round	Mini Bagel w/ Strawberry Cream Cheese	Breakfast Cereal	Mini Waffle	Mini Loaf
		String Cheese		Fruit Yogurt
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
<b>Mar 25</b>	<b>Mar 26</b>	<b>Mar 27</b>	<b>Mar 28</b>	<b>Mar 29</b>
Breakfast Cereal	Cinnamon Toast Soft Bar	Cereal Bar		
		Fruit Yogurt	<b>No School</b>	<b>No School</b>
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk		

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# MELA

**SNACK**

**MARCH 23-24**

**PRICES: STUDENT - No Charge**

**SERVED DAILY**

Fruit Juice - Orange, Grape, Apple

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>Mar 1</b>
				Graham Cracker
				Fruit Juice
<b>Mar 4</b>	<b>Mar 5</b>	<b>Mar 6</b>	<b>Mar 7</b>	<b>Mar 8</b>
Oatmeal Bar	Cheez-It	Pretzels	Goldfish Crackers	Assorted Crispy Bites
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
<b>Mar 11</b>	<b>Mar 12</b>	<b>Mar 13</b>	<b>Mar 14</b>	<b>Mar 15</b>
Baked Chips	Animal Crackers	Vanilla Wafer	Chex Mix	Graham Cracker
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
<b>Mar 18</b>	<b>Mar 19</b>	<b>Mar 20</b>	<b>Mar 21</b>	<b>Mar 22</b>
Oatmeal Bar	Cheez-It	Pretzels	Goldfish Crackers	Assorted Crispy Bites
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
<b>Mar 25</b>	<b>Mar 26</b>	<b>Mar 27</b>	<b>Mar 28</b>	<b>Mar 29</b>
Baked Chips	Animal Crackers	Vanilla Wafer	<b>No School</b>	<b>No School</b>
Fruit Juice	Fruit Juice	Fruit Juice		

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